

The Counter Revolution

APPENDIX A:

THE SPIRITUAL DESTINY OF HUMANITY

**Appendix A: The Spiritual Destiny of Humanity is also published separately as
"The Spiritual Destiny of Humanity" which can be downloaded at:**

<https://TheCounterRevolution.org.uk/wp-content/uploads/TCR/The-Spiritual-Destiny-of-Humanity.pdf>

The Counter Revolution can be downloaded without charge at:

<https://TheCounterRevolution.org.uk/wp-content/uploads/TCR/Counter-Revolution.pdf>

Table of Contents

Appendix A: The Spiritual Destiny of Humanity

Individual Spiritual Development Page 1623

- *SELF-Realised individuals are the evolutionary goal of humanity, and the greatest defence against the Plan. Page 1631*
- *Spiritual Awareness is the most effective way of building long-term resistance to all the propaganda, lies, deceit, brainwashing and degeneracy Page 1635*

Individual human survival of death, the implications Page 1637

- *Universal Spiritual Laws Page 1643*
- *Addendum. Page 1645*

Individual Spiritual Development

3120. Humanity's Spiritual Destiny has nothing to do with having "faith", singing hymns, saying prayers, beautiful buildings, ceremonies, banging gongs, chanting complicated mantras, incense, ornamental costumes, wearing desert clothing, icons, processions, reading the words of "God", going on long pilgrimages, wearing a skull cap and chanting whilst nodding at a wall, obedience to hierarchies of priests, worshipping an outside God (out there, somewhere) or elephants or indeed worshipping anything or anyone. All these are possible, but they are not necessary.
3121. It has everything to do with remembering that in the make-up of every human being there is an aspect which is one with the Divine Life, that every human being has a "Higher Self".
3122. **The Spiritual Destiny of Humanity.** Humans are spiritual beings, temporarily living in physical bodies during a series of lives on Earth. The primary purpose of life on Earth for every individual is their Spiritual Development, leading towards their merger with their Higher Self—their innate Divinity, the **ONE CONSCIOUSNESS**.
3123. Every individual is of precious and priceless value—irrespective of status, wealth, intelligence, race, physical strength, beauty, worldly abilities or talents, social importance, social skills, family origins or connections.
3124. There are two parts to us: a Temporary part and a Permanent part.
- (1) The Temporary part (the "lower self", or the personal everyday self, the ego or "me") is all that makes us separate persons such as a physical body, thoughts, emotions, wants, fears, desires of all kinds, possessions, talents, habits, abilities, characteristics, weaknesses, tendencies of all sorts, relationships, the way we look, our facial or bodily characteristics, our self-esteem, our image of ourselves, how we do our hair or anything else that the outside world recognises as "us". This part changes all the time. Sooner or later every aspect of the Temporary part will change. The Temporary part cannot exist without the Permanent part which underpins it all.
 - (2) The Permanent part is the "Higher Self" or **PURE AWARENESS** which never changes. This is also sometimes referred to as our True Nature, the Watcher, the Thinker, the SELF. The Higher Self is who we truly are. This is the real "I", It cannot be hurt in any way; it is timeless, changeless, indivisible, indestructible, immovable, without end, without beginning; it is true joy and absolute peace. It is Divine because it is one with the One Source, the **ONE CONSCIOUSNESS**.
3125. The Higher Self or **PURE AWARENESS** is Permanent and everything else is Temporary. So we are not our bodies, thoughts, emotions or intellect. The Higher Self is not affected by possessions and money or lack of them, our knowledge or lack of it, our importance in society or otherwise, our self-esteem, our image of ourselves, how we dress or how we look, our ups or downs, our successes or

failures, our happiness or despair, our winning or losing, our health or sickness, whether people like us or not, whether people approve of us and think well of us or not, whether we are imprisoned or not, whether we can see or are blind, whether we can move or are paralysed, whether we live or die, whether the Earth continues to exist or is destroyed.

3126. What we really are is the Higher Self or **PURE AWARENESS** temporarily using a body-mind vehicle.
3127. It is the Temporary part that is hurt when we are hurt. The Permanent part is unchanging total Peace and is never hurt.
3128. True lasting happiness is not found in anything to do with the Temporary part. People think it is, so they try to organise everything around them that they can always be happy. But something always happens to spoil it. That is the material world in which the Temporary part operates. This is not good or bad, but simply how things are. The operation of the material universe is cyclical and always will be. One can certainly be happy—for a while, but there is never any unchanging, unbroken happiness in the Temporary part or the material universe. The only unchanging, unbroken happiness is in the Permanent part—because the very nature of the Permanent part is absolute peace and absolute happiness.
3129. Spiritual Development is simply a trend over many lifetimes whereby we become less established in the Temporary part and more established in the Permanent part—until eventually the time comes when we are totally established in the Permanent part to the exclusion of all else, whilst always retaining our individuality. The Temporary part is then experienced to be merely a transparent working vehicle (which is all that it is ever supposed to be).
- (1) We are then permanently lodged in the consciousness of the Higher Self.
 - (2) This is called SELF-Realisation, Liberation, Enlightenment or Awakening.
3130. We simply have to "realise" that situation in our conscious attention. This is the real meaning of Yoga or "Union". This is probably what Jesus meant when he said that the *"kingdom of God is within you"* (Luke 17:21 NKJV) and *"I and my Father are one"* (John 10:30 NKV). Before the true meaning of the teaching of Jesus was lost, this is probably what the early Christians called *"The Good News"*.
3131. The evolutionary aim is to make the Temporary (the lower self) completely subservient to the higher, purer energy of the Permanent (the Higher Self), to make it an utterly compliant vehicle for the Permanent, with no resistance. In this way the higher energy is enabled to operate in and uplift the physical world—for the spiritual advancement of the Earth.
3132. So the purpose of life on Earth and in the physical conditions of the Earth is to merge the everyday lower self (the Temporary part) with the Permanent part so it all operates seamlessly as one.

3133. The spiritual process is not gaining anything. The two parts have always been with us, and it is simply a matter of which we give emphasis to.
3134. The spiritual process can be viewed as making a change in our "centre of gravity", from the Temporary part to the Permanent part.
3135. The "Light" is that which assists this process in us and others. The "Dark" is that which resists and inhibits it.
3136. As we progressively weaken the power of the Temporary part, the light of the Permanent part shines through more and more. We do not acquire anything, we merely progressively destroy the blockages caused by the mind.
3137. There have been many historical figures who have achieved this and have gone completely beyond identification with the Temporary and became totally identified with the Permanent. They have become totally reliable instruments of the Whole to act for the benefit of all in the physical world. At that stage it is said that we "realise" our True Nature, which was inside us and there all the time.
3138. Those who have realised this are known as "SELF-Realised", Liberated, Enlightened or Awakened.
- **Refer to Section: "SELF-REALISED INDIVIDUALS ARE THE EVOLUTIONARY GOAL OF HUMANITY, AND THE GREATEST DEFENCE AGAINST THE PLAN"**
[see page 1631].
3139. The flower of humanity have led the way in this. There has been a long line of SELF-Realised sages who have achieved the next stage for humanity and who urge us to follow their example. Such persons include all the great teachers such as Buddha, Jesus, Sankara, Lao Tzu, Sri Jnanadeva, Milarepa, Gampopa, Sri Vivekananda, Muktananda, Ramakrishna, Sivananda, Ramdas, Paramahansa Yogananda, Ramana Maharshi, Nisagardatta Maharaj, the amazing Christian mystics of many centuries ago in Europe, for example Meister Eckhart of the thirteenth century, John of Ruysbroeck of the fourteenth century, St Teresa, St John of the Cross and Jakob Böhme of the sixteenth century and Brother Lawrence in France, and many, many more who are not recorded in history.
3140. This process is also shown by the modern examples of people such as Suzanne Segal, Bernadette Roberts, Robert Adams, Jean Klein, Douglas Harding, Krishnamurti, Toni Packer, Eckhart Tolle, Adyashanti, Francis Lucille, Franklin Merrell-Wolff, John White, Dipa Ma, Tony Parsons in England, Shunyamurti, Ramesh Balsekar, Catherine Ingram and Stephen Jourdain.
- A video (while it remains available) of Adyashanti describing the process and experiences leading to his realisation [between 2:55 - 35:20).

<https://www.youtube.com/watch?v=cArhYkYkfZg>

3141. Such SELF-Realised ones remark in wonder on the complete and utter tranquillity and glorious peace that they experience, *"the peace which passeth all understanding"*.

3142. Jean Klein describes his own illumination as follows:

" . . . between deep sleep and awakening, there was a sudden vanishing of all the residues of 'my persons', each having believed themselves hitherto to be a doer, a sufferer, an enjoyer. All this vanished completely, and I was seized in full consciousness by an all-penetrating light, without inside or outside. This was the awakening in Reality . . . "

3143. The SELF-Realised ones do not stop being individuals but they are not identified with their thoughts or person. They still have their memories, personality and even many of their personal characteristics, but the centre of gravity so to speak has shifted completely from the personal self (the Temporary) with all its little concerns, to the Higher Self (the Permanent).

3144. Spiritual Development, or the process of becoming SELF-Realised, is as follows:

- (1) The Temporary with its deadening stream of emotions, concrete thoughts and intellectualism has historically been wrongly identified by us as being the Permanent. The Temporary has always thought that it was a separate entity and that it was doing the thinking, when really it was nothing but a collection of thoughts which created the illusion of a "me" or a little self. In reality, it was the Permanent that was the Awareness all along. The Permanent has always been there but the real nature of the Permanent (or Awareness) has been obscured from the Temporary by the thick, dark, swirling clouds caused by thoughts which then cause emotions—which then feed back and stimulate thoughts again, which again cause more emotions which cause more thoughts, making the whole merry-go-round go round and round and round, on and on and on.
- (2) In very broad terms, if the Temporary comprises still and steady lower vehicles (physical body, emotions and mind), the Permanent starts to have a more direct effect on the mind and then the physical brain. In this way the eternally existing Permanent (or Awareness) is gradually freed from the rag bag collection of accumulated thoughts, thought patterns, conditioned thinking, habits and feelings that had hitherto comprised the sense of "me" or the personal self, and finally realises that it is, and always has been, the Thinker.
- (3) As the process continues, the mind and physical brain become gradually aware of the reality of the Permanent, and that the lower vehicles are merely an enabling facility or machine for the use of the Permanent and have no intrinsic worth or value in themselves whatsoever.
- (4) When the clouds have thinned and dispersed, the "me" finally gives up and dissolves and the real nature of the Permanent can become apparent. The realisation dawns that the "me" or personal self does not exist as a separate

entity and never did, and that it is a chimera or phantom that dissolves when the light shines, leaving just the Awareness.

- (5) At the completion of this process the "I" stands utterly and immovably aware that it is the Permanent (or Awareness), totally free of the body yet still living fully in and through the body. This is SELF-Realisation. This is the enlightened Sage.
- (6) This process proceeds gradually and steadily but much depends on whether the required still and steady state can be held by the Temporary, for if there is any slipping back there will be delays. Considerable time (and many lifetimes) may be needed.
- (7) The process of Spiritual Development in an individual is the progressive revealing of **CONSCIOUSNESS** within, by the removal of restrictions caused by the uncontrolled activity of the individual's thoughts and emotions. That is why the activities of the Dark Force are so evil, because they tie people down with low, polluted and entrapping thoughts and emotions by deliberately and intentionally creating negativity.
- (8) Many systems, practices and religions have been developed to achieve this, but the key practice is the process of "Centering".
- (9) Nothing is more important than this; material achievement in any aspect of life is as nothing in comparison. This is the next planned stage of evolution for humanity. And it is open to everyone.

3145. Although frequently hidden, SELF-Realisation is the real and ultimate goal behind all religions, spiritual disciplines, meditations and practices, the devotions of Christians and Muslims, the dedication of Hindus, the practices and ceremonies of Buddhists, the single-minded intensity and austerity of yogis and all the endeavours of honest seekers after spiritual truth throughout the whole of human history.

3146. Life Plan.

- (1) Every human being living on the Earth has a Life Plan in respect of their current life (whether they realise it or not).
- (2) Prior to each person incarnating in this current life that person's Life Plan has been set in place by the Higher Self of the person concerned, with the assistance of higher spiritual intelligences, and sets out the circumstances, challenges, experiences and relationships for the coming life which would be most beneficial for the Spiritual Development of that person.
- (3) Upon successfully meeting the challenges posed by these life experiences, the person concerned will have made priceless progress in Spiritual Development which will remain a spiritual asset for that person for ever, and which will enable that person in due course to assist others less advanced to make similar progress, so all humanity moves forward in Spiritual Development.

- (4) The purpose of the State is to provide the most ideal physical circumstances and conditions to enable every person to fulfil their Life Plan.

3147. The Cosmic significance of humanity.

- (1) The human form is the model for the highest spiritual evolution in this particular solar system. It varies in different planets but it is broadly speaking the same in general outline (although it may be in an etheric form).
- (2) The Earth as a planet is not just a collection of minerals and eco-systems. It is related to a spiritual existence in its own right. Humanity forms part of the construction of this spiritual existence, and the Spiritual Development or lack of development of humanity affects or retards the spiritual development of the Earth's spiritual essence.
- (3) Humanity plays a very special and unique role on the Earth. As humanity has both an animal body and a spiritual Higher Self, it acts as a middle connection between on the one hand the lower existences on the Earth such as minerals, plants and animals and on the other hand the higher spiritual forces associated with the Earth.
- (4) The spiritual development of the Earth requires the Spiritual Development of humanity.
- (5) The consciousness of the Earth completely depends upon the Spiritual Development of the individual. So any improvement, refinement and increase in the consciousness of the Earth depends on the improvement, refinement and increase in the consciousness of the individual. Therefore the spiritual development of the Earth depends on the consciousness of the individual improving, refining and increasing. Likewise, any undermining or preventing the Spiritual Development of the individual causes spiritual damage to the Earth and that has cosmic implications. That is why one major purpose of the Earth is to enable the Spiritual Development of humanity.
- (6) In its turn the spiritual essence of the Earth is in spiritual relationship to other planets in the solar system and through them has spiritual relationships with other extra-solar systemic cosmic entities and existences. Negative cosmic forces wish to delay the advancement of these inter-planetary and cosmic relationships. Accordingly, the spiritual development of the Earth is important for the advancement of those wider spiritual relationships and cosmic existences. If the spiritualisation of humanity is weakened or retarded or even reversed, then this retards the spiritual development of the Earth and that also retards the advancement of those wider relationships and cosmic existences who depend for their own wider development on the spiritual development of the Earth, which in turn depends on the Spiritual Development of humanity.

3148. Spiritual Development of humanity raises the energetic conditions of the Earth and progressively leaves less opportunity for the **DARKNESS** to dominate humanity and the Earth. The **DARKNESS** wish to end all Spiritual Development in humanity.

Refer to Section: "THE DARKNESS" [\[see page 867\]](#).

3149. The best protection for the Earth and for humanity from the dangers and influence of the **DARKNESS** is the development in the world of more and more SELF-Realised individuals, and for as many people as possible to have Spiritual Awareness and to consciously engage in Spiritual Development in accordance with humanity's Spiritual Destiny. In those circumstances, as people have greater contact with their Higher Self and naturally behave with greater and greater spiritual attunement, the low energy will be transmuted and removed, and increasingly the influence of the **DARKNESS** will wane. Even just one lit candle ends the blackness of the darkest cave.

3150. Every human being survives their death ("transition") and continues to live and evolve spiritually as a fully conscious individual in the Afterlife on the Astral Plane.

Refer to Section: "INDIVIDUAL HUMAN SURVIVAL OF DEATH, THE IMPLICATIONS" [\[see page 1637\]](#).

3151. If a person during their lifetime on Earth complies with the Modern Catechism this progressively refines and improves their Spiritual Frequency.

- **Spiritual Frequency.** As in the case of the physical body, the astral body is constantly passing out particles and taking in new replacement particles which gradually change its nature for good or worse. The high or low quality, purity or "frequency" of these new particles is determined by the thoughts, emotions and actions of the person during their life. This forms the person's "Spiritual Frequency". Spiritual Frequency is significant as firstly it determines the person's Habitual Level on the Astral Plane at the commencement of the Afterlife (and therefore their happiness), and secondly the refinement and improvement of a person's Spiritual Frequency is integral to that person's individual Spiritual Development.

Refer to Section: "UNIVERSAL SPIRITUAL LAWS" [\[see page 1643\]](#).

Refer to Section: "THE MODERN CATECHISM" [\[see page 1121\]](#).

Refer to Section: "INDIVIDUAL HUMAN SURVIVAL OF DEATH, THE IMPLICATIONS" [\[see page 1637\]](#).

3152. All individuals who are now humans have spent untold aeons incarnating in various bodies, pre-human and human, on the involutory curve whereby they went deeper into matter learning to experience, and then after a long while they started the evolutionary curve back up again with all they had learnt. Now as humans they are on the upward curve where they increasingly control and overcome the personal self (the Temporary) and become increasingly attracted to the Permanent.

3153. Individuals can merely allow this process to go on with infinite slowness or they can consciously assist the process.

3154. Psychic powers do not necessarily signify Spiritual Development. Psychic powers are generally merely abilities of the lower self, such as the ability to run fast or the talent to do advanced mathematics. There are many people with psychic powers who are deeply evil.
3155. No computer or AI system—however powerful—has consciousness, for it is just a machine. Humanity's greatest feature is not its intellect but consciousness.

Appendix A: The Spiritual Destiny of Humanity is also published separately as "The Spiritual Destiny of Humanity" which can be downloaded at:

<https://TheCounterRevolution.org.uk/wp-content/uploads/TCR/The-Spiritual-Destiny-of-Humanity.pdf>

The latest version of The Counter Revolution can be downloaded without charge at:

<https://TheCounterRevolution.org.uk/wp-content/uploads/TCR/Counter-Revolution.pdf>

■ **SELF-REALISED INDIVIDUALS ARE THE EVOLUTIONARY GOAL OF HUMANITY, AND THE GREATEST DEFENCE AGAINST THE PLAN**

3156. SELF-Realised individuals have gone beyond all personal identification with the lower self (the Temporary) and have achieved total identification with the Higher Self (the Permanent). They have "realised" their True Nature.

□ **Refer to Section: "INDIVIDUAL SPIRITUAL DEVELOPMENT" [see page 1623].**

3157. Those who have realised this are known as "SELF-Realised", Liberated, Enlightened or Awakened.

3158. The flower of humanity have led the way in this. There has been a long line of SELF-Realised sages who have achieved the next stage for humanity and who urge us to follow their example. Such persons include all the great teachers such as Buddha, Jesus, Sankara, Lao Tzu, Sri Jnanadeva, Milarepa, Gampopa, Sri Vivekananda, Muktananda, Ramakrishna, Sivananda, Ramdas, Paramahansa Yogananda, Ramana Maharshi, Nisagardatta Maharaj, the amazing Christian mystics of many centuries ago in Europe, for example Meister Eckhart of the thirteenth century, John of Ruysbroeck of the fourteenth century, St Teresa, St John of the Cross and Jakob Böhme of the sixteenth century and Brother Lawrence in France, and many, many more who are not recorded in history.

3159. This process is also shown by the modern examples of people such as Suzanne Segal, Bernadette Roberts, Robert Adams, Jean Klein, Douglas Harding, Krishnamurti, Toni Packer, Eckhart Tolle, Adyashanti, Francis Lucille, Franklin Merrell-Wolff, John White, Dipa Ma, Tony Parsons in England, Shunyamurti, Ramesh Balsekar, Catherine Ingram and Stephen Jourdain.

- A video (while it remains available) of Adyashanti describing the process and experiences leading to his realisation [between 2:55 - 35:20).

<https://www.youtube.com/watch?v=cArhYkYkfZg>

3160. Such SELF-Realised ones remark in wonder on the complete and utter tranquillity and glorious peace that they experience, *"the peace which passeth all understanding"*.

3161. Characteristics of SELF-Realised individuals:

- (1) The SELF-Realised ones do not stop being individuals but they are not identified with their thoughts or person. They still have their memories, personality and even many of their personal characteristics, but the centre of gravity so to speak has shifted completely from the personal self (the Temporary) with all its little concerns, to the Higher Self (the Permanent).

- (2) SELF-Realised individuals naturally manifest the following qualities:
 - Egoless wisdom, incorruptibility, dispassion, universal love, purity of mind and life, unshakeable inner peace and serenity.
- (3) SELF-Realised individuals naturally, inherently and spontaneously comply with the Universal Spiritual Laws.
 - **Refer to Section: "UNIVERSAL SPIRITUAL LAWS" [see page 1643].**
- (4) SELF-Realised individuals have no need for self-esteem, the approval of others or material riches.
- (5) SELF-Realised individuals are aware of the spiritual inheritance and destiny of humanity.
- (6) SELF-Realised individuals voluntarily and of their own choice seek to make the world a genuinely better place for everyone from the highest to the lowest and least important, and enable everyone to develop spiritually on their own terms and at their own pace.
- (7) SELF-Realised individuals are completely and primarily dedicated to the principles and path required for Spiritual Development and to achieving this.
- (8) The process of being a SELF-Realised individual is not the same as being empowered, because SELF-Realised individuals obtain their strength and power from **within themselves**.
- (9) Becoming SELF-Realised relates the person to themselves **within**, so they are not open to the Dark Force process of degeneration involved in the Process of Destruction under the Plan.
 - The master-mind and driving force behind the Plan is a predatory and parasitic international grouping that has infested humanity for very many years. The Counter Revolution refers to this international grouping as the "Dark Force".
 - **Refer to Section: "THE PLAN" [see page 91].**
 - **Refer to Section: "THE DARK FORCE" [see page 93].**
- (10) SELF-Realised individuals are notable, not so much by their book learning, but by their rootedness, character and wisdom.

3162. The SELF-Realised individual dispels darkness naturally and automatically by the brightness of their own light.

3163. SELF-Realised individuals are the spiritual leaders and guides of Humanity.

3164. Developing SELF-Realised individuals is the highest purpose of Humanity.
3165. The central purpose of the State is to provide the conditions best suited for all individuals to become SELF-Realised individuals.
3166. The best protection for the Earth and for humanity from the dangers and influence of the **DARKNESS** is the development in the world of more and more SELF-Realised individuals, and for as many people as possible to have Spiritual Awareness and to consciously engage in Spiritual Development in accordance with humanity's Spiritual Destiny. In those circumstances, as people have greater contact with their Higher Self and naturally behave with greater and greater spiritual attunement, the low energy will be transmuted and removed, and increasingly the influence of the **DARKNESS** will wane. Even just one lit candle ends the blackness of the darkest cave.
- Refer to Section: "**THE DARKNESS**" [\[see page 867\]](#).
3167. **The Spiritual Hierarchy.** SELF-Realised individuals, both incarnate and discarnate, together form the Spiritual Hierarchy. The Spiritual Hierarchy working with the assistance of the Devic kingdom are humanity's greatest defence against the Dark Brotherhood. The great spiritual battle is between the Spiritual Hierarchy and the Dark Brotherhood.
- Refer to Section: "**THE DARK BROTHERHOOD**" [\[see page 869\]](#) [\[clause 1565\]](#).
3168. The Dark Force wishes to prevent society being influenced by SELF-Realised individuals as they are strong human beings. A key aim of the Dark Force is to prevent them emerging, for they are the greatest dangers to the Dark Force getting total power and control over societies and keeping it.

■ **SPIRITUAL AWARENESS IS THE MOST EFFECTIVE WAY OF BUILDING LONG-TERM RESISTANCE TO ALL THE PROPAGANDA, LIES, DECEIT, BRAINWASHING AND DEGENERACY**

BREAKDOWN AND DESTRUCTION:

3169. As a result of the Process of Destruction vast numbers of people have lost their independence of mind, and they have a great sense of fear, helplessness and moral confusion as a result of all the propaganda, lies, deceit, brainwashing and degeneracy. They have lost all strength of character. They no longer have a set of traditional values as all those have been replaced by the Destructive Values. With the destruction of all spiritual knowledge they have no sense of inner personal validity and no innate direction which provides a strong sense of right and wrong that requires them to make any stand against the programmed degeneration and destruction, and to demand an end to the process.

- Refer to Section: "**PART 2: THE COUNTER REVOLUTION ("PROCESS OF DESTRUCTION")**" [\[see page 101\]](#).

THE VIEW OF THE COUNTER REVOLUTION:

3170. **Spiritual Awareness** is the most effective way of building long-term resistance to all the propaganda, lies, deceit, brainwashing and degeneracy spread by the Dark Force to promote the Plan.

- The master-mind and driving force behind the Plan is a predatory and parasitic international grouping that has infested humanity for very many years. The Counter Revolution refers to this international grouping as the "Dark Force".

- Refer to Section: "**THE PLAN**" [\[see page 91\]](#).

- Refer to Section: "**THE DARK FORCE**" [\[see page 93\]](#).

- (1) A colossal change comes over a person when they develop Spiritual Awareness. They understand the Spiritual Destiny of humanity. They know that they are not the confusion, fear and turmoil of the temporary lower self but that they are in reality—and will be for ever—the eternal, indestructible Higher Self; they know that they have a Life Plan and a pre-birth planned purpose to their lives; they know that they survive death and that in their essential nature they are immortal; they have increased spiritual intuition which enables them to see the truth better; they know that they are sovereign and will demand independence and freedom of mind so they can form their own independent opinions. They become active on the path of individual Spiritual Development, and they are no longer afraid of death.
- (2) If enough people could develop Spiritual Awareness the policies of hate, division and degeneration in the Process of Destruction (described in Part 2

of The Counter Revolution) would not be able to work. While humanity has this knowledge, the Dark Force will never imprison humanity for ever, however tight it makes its police state; like corks, humanity will never sink for long but will rise again and the whole Dark Empire will break up and dissolve.

3171. The Dark Force, their Collaborators and all their followers represent the old humanity, based on the purely material values of: domination; inducement of fear; selfish manipulation and exploitation of others with corruption, deceit, intimidation, bribery and blackmail; their overriding selfish concern for the interests and advancement of their own lower self; lack of genuine concern or kindness for the interests of others. The characteristics of this old humanity and this poisonous global elite must now leave the Earth and allow a new humanity to emerge, sincerely motivated by the principles of the Universal Spiritual Laws and with deep respect for all other individuals of whatever status.

PROGRAMME OF NATIONAL REFORM:

3172. The promotion of Spiritual Awareness is integral and fundamental to The Counter Revolution and the **Programme of National Reform**.

3173. There must be a new start in society, and so there must be a reassertion of the Universal Spiritual Laws. The **Programme of National Reform** provides that these spiritual principles are built into the legal and political systems to give spiritual meaning and purpose to human existence. The two must now go together.

Refer to Section: "UNIVERSAL SPIRITUAL LAWS" [see page 1643].

3174. Accordingly, a new political environment will be established based on the Universal Spiritual Laws with the intention of promoting Spiritual Awareness.

● For more information on this new political environment:

Refer to Section: "PROMOTING SPIRITUAL AWARENESS" [see page 1113].

Individual human survival of death, the implications

"We have split up life into two parts far too drastically. We have drawn a line, and we must gradually erase that line. We have talked about the spiritual life and the earth life or the physical life. The two are one and we must make them one again . . . there is only one world and we must take down . . . these barriers of illusion that compelled us to think there must be two . . . it is your work, it is our work."

Oliver Lodge (posthumously)

"Interpenetrating your world is another world of substance in a higher state of vibration to the one you sense . . . Believe me, there are other worlds of substance, finer than physical matter, in which life exists and of which you on earth can form no conception. Connected with your earth is this world to which I came after what you call death. Encircling your world are planes of different density, these move in rotation with the rotation of the earth . . . We have the same world as you have, but in a finer state."

Posthumously through J Arthur Findlay

3175. Over the last 150 years the consistency of the evidence of individual human survival of death presented by many researchers such as Michael Tymn, Professor Stafford Betty, Miles Edward Allen, Dr Pamela Rae Heath, Paul Beard, Robert Crookall, N. Riley Heagerty, R. Hogan Craig and Professor David Fontana has been overwhelming. Much of this evidence has been verified by the very large amount of evidence provided by researchers into Near-Death Experiences, such as Kenneth Ring, Dr Raymond Moody, PMH Atwater, Dr Melvin Morse, Dr Jeffrey Long, Dr Peter Fenwick and very many more, the evidence provided by researchers into the Life Between Life such as Dolores Cannon, Mary Grace McManus, Sarah Hinze, Elizabeth M Carman, Michael Newton and Andy Tomlinson, and the evidence provided by researchers into After-Death Communications such as Bill Guggenheim, Elisabeth Hallett, Joel Martin and Emma Heathcote-James.
3176. Whilst living on earth a human being is operating simultaneously in three interpenetrating bodies of varying density (the Temporary), all roughly in the shape of the physical body:
- (1) The physical body, which is visible. This operates at all times on the Physical Plane, functioning in the familiar way on the Earth.
 - (2) The emotional body (the "astral body"), which is how we feel and desire, this can sometimes be seen by psychics. This operates at all times on the Astral Plane.
 - (3) The "mental body", which is our mind. This is completely independent from the brain. The brain is merely the physical machinery which enables the mind to be perceived by the person operating in the physical body. If the brain is damaged this does not affect the mind, but the mind is perceived imperfectly. This operates at all times on the Mental Plane.

3177. The Higher Self (the Permanent) overshadows these three bodies (the Temporary) and seeks to assist their increasing attunement with the Higher Self.
3178. While the physical body is inactive, the astral body and the mental body may together sometimes separate from the physical body and operate independently in "astral projection".
3179. The process when a person "dies" ("transitions").
- (1) The person's physical body ceases to operate, but their astral body and mental body separate from the physical body and continue to exist just as they did before, in exactly the same condition and state of development as they were in when the physical body operated. The person is now in the "Afterlife" on the Astral Plane in their astral body.
 - (2) There is never any sudden change which takes place in a person at death: on the contrary, they remain after death exactly what they were before, except that they no longer have a physical body. They have the same intellect, the same disposition, the same virtues and vices; the loss of the physical body no more makes them a different person than would the removal of an overcoat. There is no strange new life, but a continuation, under certain changed conditions, of the former Physical Plane life.
 - (3) There are seven levels in the Astral Plane graduated by refinement of frequency. The lowest level (the seventh level counting downwards) is very dark and exceedingly unpleasant, but as one ascends to higher levels there are conditions of increasing beauty, peace and happiness. The matter of each level interpenetrates that of the level below it, so all seven levels can exist together in the same space.
 - (4) As in the case of the physical body, the astral body is constantly passing out particles and taking in new replacement particles which gradually change its nature for good or worse. The high or low quality, purity or "frequency" of these new particles is determined by the thoughts, emotions and actions of the person during their life. This forms the person's "Spiritual Frequency".
 - (5) The level where the person is initially positioned in the Astral Plane is that which is exactly in tune with their own level of "Spiritual Frequency"; this is the person's "Habitual Level". At the moment of entry into the Afterlife, the person's Spiritual Frequency is that which they attained during their just concluded life by virtue of their own thoughts, emotions and actions. Their ability to progress to higher levels depends on their success in refining their Spiritual Frequency from then on. A person can visit levels lower than their Habitual Level, but they cannot reach higher levels until their Spiritual Frequency matches the frequency of those higher levels.
 - (6) At all times refinement of Spiritual Frequency in the Afterlife, depends on complying with the "Universal Spiritual Laws" (which are incorporated in the Modern Catechism). If a person in the Afterlife fails to comply with the Universal Spiritual Laws the Spiritual Frequency of that person will

automatically and by its own nature deteriorate until that person is unable to remain in their previous Habitual Level. The person's Habitual Level will thenceforth be at a lower level. There are no policemen to enforce the rules, it is all a question of frequency; to be in a certain level a person's Spiritual Frequency must be high enough to match the frequency of that level, if it is not then that person has to descend until they find a level that does fit their Spiritual Frequency.

□ **Refer to Section: "UNIVERSAL SPIRITUAL LAWS" [see page 1643].**

- (7) Spiritual Frequency cannot be changed in a death-bed conversion or even significantly in the last few years of a person's life, for it is built continuously throughout a person's life.
- (8) Although not realised by most people, memories are retained of every one of their thoughts, emotions and actions throughout their whole physical lives and the effect they had on other people. Shortly after a person arrives in the Afterlife, they are subjected to the "Judgement" (or Life Review) which is an assessment (by themselves, but often in the presence of higher beings) on how their thoughts, emotions and actions complied with the Universal Spiritual Laws during the recent life. This Judgement is not by outside judges but by the person themselves being made conscious possibly for the first time of how their behaviour inter alia affected other people and displayed negativity. The form of this Judgment or Life Review varies from person to person, but there is usually a visual playback at very fast speed of all the events of the person's life displaying all their thoughts, emotions and actions (often also experienced during NDEs), with emphasis on the occasions where there was compliance with the Universal Spiritual Laws and the occasions where there was failure to comply. As a result of the Judgement or Life Review the person becomes intensely aware of how their behaviour during their lives has helped or harmed other people, and they are frequently shocked by their failure; there is often deep regret and shame and there develops a profound wish to remedy their failures.
- (9) With the knowledge given by the Judgement the person then carries out a long process of purification of their emotional body, whereby they gradually ascend to higher and higher levels in the Astral Plane, which are of increasing beauty, peace and happiness.
- (10) When the person has completed this purification process on the Astral Plane, after possibly many years (in Physical Plane years), they undergo a "Second Death" when the astral body is jettisoned and the person is positioned in the mental body.
- (11) When all the lessons of the mental body have been learnt, again after very many years, there is a "Third Death" (although many are not sufficiently advanced in consciousness to be actually aware of this) when the mental body is jettisoned and there is a period when they are located in the Higher Self awaiting for the process of reincarnation to start again.

3180. There is a huge difference between life on Earth on the Physical Plane and life in the Afterlife on the Astral Plane.

- (1) Whilst a person is living on the Earth in a physical body, there is no practical restraint, other than by man-made laws, on their behaviour towards other people, they are deliberately given freewill—so if they choose to do so they can do whatever they like to hurt other people to advance their own interests. They find they can operate in breach of all moral systems and acquire great wealth and power over other people by the use of unrestrained injustice, unfairness, selfishness, cruelty and viciousness. They can hide the truth from people with lies and deceit. The Universal Spiritual Laws do not have an immediate effect on the person's outer conditions during their physical lives whatever they do, but the person's Spiritual Frequency is being built all the time, and this will inexorably determine their conditions in the Afterlife.
- (2) In the Afterlife however:
 - (a) In the Afterlife a person's Spiritual Frequency is affected directly and **immediately** by their thoughts, emotions and actions and their compliance or not with the Universal Spiritual Laws.
 - (b) In the Afterlife a person's Spiritual Frequency has a direct effect on the person's Habitual Level, living conditions and personal environment.
 - (c) In the Afterlife every person is judged by the quality of their Spiritual Frequency, the purity of their Light. In the Afterlife a person cannot conceal their true nature from others. There is no point in lying or deceiving (as people do on the Physical Plane), because all their thoughts, emotions and actions are perceived.
 - (d) In the Afterlife there is the greatest incentive for all people to rise to higher levels which have increasing radiance, beauty, peace and happiness, but to be able to do this the person has to refine their Spiritual Frequency. Spiritual Frequency is refined by compliance with the Universal Spiritual Laws. In view of this all people become committed to complying with the Universal Spiritual Laws, or else they fall back into lower levels of increasing darkness.
 - (e) The Universal Spiritual Laws will apply to everyone in the Afterlife. However much people in physical bodies get involved with Longevity Transhumanism and whatever else they do to try to extend their lives, they will all eventually die. Then the total justice of the Universal Spiritual Laws will directly and immediately apply to them, and their Habitual Level in the Astral Plane will be determined by their Spiritual Frequency, and not by the status, money or power they had on Earth.

3181. A person's Spiritual Frequency is built by their standard of compliance with the Universal Spiritual Laws throughout the whole of their physical lives on Earth, particularly taking into account all their interactions with other people. The Afterlife

- for the person concerned is a world of very great beauty, peace and happiness—provided the person's Spiritual Frequency is at a high enough level.
3182. The unfailing, immutable application of the Universal Spiritual Laws on every single human being during the Afterlife means that the Habitual Level of the humblest and poorest person whilst on Earth might in practice be very much higher than the Habitual Level of those who had the highest status, wealth and power on the Earth. And so we have the old saying of "The last will be first and the first will be last"
3183. People think that if no one finds out about some secret unkindness or selfishness then they are safe and there will be no comeback on them, but actually this is not the case because in the Judgement or Life Review every single shabby piece of selfishness or other breach of the Universal Spiritual Laws will become known and obvious to the person concerned.
3184. The billionaires, the super-rich elite and all the other followers of the World Economic Forum may think they are getting away with all their criminal mistreatment of millions of other people and with all their breaches of the Universal Spiritual Laws during their lives on Earth, but all the time their behaviour is being recorded (by the automatic process of Spiritual Frequency) and will inevitably be taken into account in their lives in the Afterlife on the Astral Plane. They think they can use computers and Transhumanism to have eternal life, but they will not succeed. However powerful, clever and wealthy they are and however well they thought they could control the conditions of Physical Plane life on Earth for their own benefit, there will come a time when they will die and transition to the Afterlife and the Astral Plane and the inevitable application of the Universal Spiritual Laws will then control them, and their conditions will then be completely determined by their personal Spiritual Frequency and not by the status, money or power they had on Earth. For some of these people their Habitual Level may then turn out to be on one of the low levels of the Astral Plane where there are horrific, dark and ghastly conditions that they would have to endure—for the justice of the Afterlife is absolute and unavoidable.
3185. Since a person's Spiritual Frequency will determine their happiness in the Afterlife, and a person's Spiritual Frequency in the Afterlife is initially determined by their adoption of the Universal Spiritual Laws during their physical Earth lives, all people would be greatly benefited by adopting the Universal Spiritual Laws during their physical Earth lives.
3186. Adoption of the Universal Spiritual Laws into the lives of ordinary people during their physical Earth lives on the Physical Plane (not just after death) would also be of the greatest possible advantage to the world as it would utterly transform society; a criminal court system would hardly be needed to regulate society, as people would self-regulate themselves.
3187. SELF-Realised individuals have gone beyond all personal identification with the lower self (the Temporary) and have achieved total identification with the Higher Self (the Permanent). They have "realised" their True Nature. SELF-Realised individuals naturally, inherently and spontaneously comply with the Universal Spiritual Laws.

- **Refer to Section: "SELF-REALISED INDIVIDUALS ARE THE EVOLUTIONARY GOAL OF HUMANITY, AND THE GREATEST DEFENCE AGAINST THE PLAN"**
[see page 1631].

3188. The Universal Spiritual Laws are the central moral root of The Counter Revolution. The Universal Spiritual Laws are the basis of the Modern Catechism, and the Modern Catechism itself is incorporated in the Principles of Good Citizenship. The Principles of Good Citizenship are made mandatory in many public functions and operations.

- **Refer to Section: "THE MODERN CATECHISM"** *[see page 1121].*
- **Refer to Section: "THE PRINCIPLES OF GOOD CITIZENSHIP"**
[see page 1125].
- **Refer to Section: "MANDATORY APPLICATIONS OF THE PRINCIPLES OF GOOD CITIZENSHIP"** *[see page 1117] [clause 1998.(2)].*

■ UNIVERSAL SPIRITUAL LAWS

- The Universal Spiritual Laws are the central moral root of The Counter Revolution. The Universal Spiritual Laws are the basis of the Modern Catechism, and the Modern Catechism itself is incorporated in the Principles of Good Citizenship. The Principles of Good Citizenship are made mandatory in many public functions and operations.
 - Refer to Section: "**THE MODERN CATECHISM**" [\[see page 1121\]](#).
 - Refer to Section: "**THE PRINCIPLES OF GOOD CITIZENSHIP**" [\[see page 1125\]](#).
 - Refer to Section: "**MANDATORY APPLICATIONS OF THE PRINCIPLES OF GOOD CITIZENSHIP**" [\[see page 1117\]](#) [\[clause 1998.\(2\)\]](#).
- The Universal Spiritual Laws are eternal spiritual laws which apply to all individuals in the Afterlife by directly affecting their Spiritual Frequency.
 - Refer to Section: "**SPIRITUAL FREQUENCY**" [\[see page 1638\]](#) [\[clause 3179.\(5\)\]](#).
- A person's Spiritual Frequency is built by their standard of compliance with the Universal Spiritual Laws throughout the whole of their physical lives on Earth, particularly taking into account all their interactions with other people. The Afterlife for the person concerned is a world of very great beauty, peace and happiness—provided the person's Spiritual Frequency is at a high enough level.

3189. The Universal Spiritual Laws are as follows:

- (1) Your primary duty is service to others to help them in every conceivable way, without seeking any reward for oneself. This service must be rendered equally to all regardless of the other person's status, wealth or social importance.
- (2) You must at all times behave with total unselfishness.
- (3) You must enhance and empower all others emotionally, mentally and spiritually.
- (4) You must adopt and abide by the Eternal Values.
 - **Eternal Values:** Integrity, honesty, truthfulness, compassion, service to others, unconditional kindness, selflessness, fairness, justice, courage, strength of character, honour, abiding by one's word and promises, abiding by one's duty, faithfulness, loyalty, the victory of calm reason over unstable emotion, the control of negative emotions such as hate, jealousy, envy, anger and fear.

- (5) You must avoid all low frequency emotions such as hate, jealousy, envy, resentment and anger.
- (6) You must not wrongfully or intentionally harm another person financially, physically, emotionally, mentally or spiritually whether by thought, word or action.
- (7) You must never unfairly take advantage of or exploit any other person.
- (8) You must never do to others anything which you would not want to be done to yourself.
- (9) You must be honest at all times. You must never lie or deliberately mislead.

■ **ADDENDUM**

3190. *"The secret of happiness which brings peace and rest to the heart is that one must desire to **give to**, not **take from**."*

Percy Welsford

3191. *"Right is right, even if everyone is against it, and wrong is wrong even if everyone is for it."*

William Penn

3192. *"Make a commitment to do something kind every day to some person or other living creature, without seeking anything in return".*

3193. Love is simply unconditionally seeking the best interests of the other person.

Appendix A: The Spiritual Destiny of Humanity is also published separately as "The Spiritual Destiny of Humanity" which can be downloaded at:

<https://TheCounterRevolution.org.uk/wp-content/uploads/TCR/The-Spiritual-Destiny-of-Humanity.pdf>

The latest version of The Counter Revolution can be downloaded without charge at:

<https://TheCounterRevolution.org.uk/wp-content/uploads/TCR/Counter-Revolution.pdf>